

Integrating Conservative Management into
Female Pelvic and Sexual Health:
A Multidisciplinary Approach



THURSDAY,
5TH NOV 2026



13:45 PM
15:10 PM

(GMT +4)



King Abdullah International Convention Centre,
Jeddah, KSA | Room 3

COURSE DIRECTOR



Salma Sebraoui
Spain



Mariam Malallah
Kuwait



Wally Mahfouz
Egypt

FACULTY

AGENDA

13:45 - 13:55

Building the Foundation: How do we assess a woman with pelvic floor dysfunction?

Mariam Malallah, Kuwait

13:55 - 14:05

Pelvic Floor Physiotherapy: When to Treat and When to Refer?

Salma Sebraoui, Spain

14:05 - 14:20

Pelvic Floor Rehabilitation in Practice: What does a pelvic floor physiotherapist actually do?

Salma Sebraoui, Spain

14:20 - 14:30

Before the Scalpel: Can we optimize outcomes without surgery?

Mariam Malallah, Kuwait

14:30 - 14:45

Pandora's Box: Unleashing the Secret: What is normal female sexual function, and why should every clinician ask about it?

Wally Mahfouz, Egypt |
Salma Sebraoui, Spain

14:45 - 15:00

Breaking the silence and building connections: How do we confidently assess and manage female sexual dysfunction in everyday clinical practice?

Wally Mahfouz, Egypt

15:00 - 15:10

Q&A and Discussion

All Faculty

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