



Metabolic Work Up and Medical Treatment of Stones



FRIDAY,
6TH NOV 2026



14:30 HRS
16:00 HRS

(GMT +4)



King Abdullah International Convention
Centre, Jeddah, KSA | Room 3



LEARNING OBJECTIVES

At the end of this session, attendees should be able to:



Understand the epidemiology of urinary stone disease and the essential components of a comprehensive metabolic workup.



Identify stone types and apply a simplified, clinically practical algorithm for metabolic evaluation and medical management.



Review evidence-based strategies for stone prophylaxis, including consensus guidelines for prevention and follow-up in autonomous stone clinics.

COURSE DIRECTOR



Mohamed El-Shazly
Egypt

FACULTY



Esam Desoky
Egypt



Mohamed Omar
Egypt

AGENDA

14:30 - 14:50	Epidemiology: Facts about stone recurrence; Methods and details of metabolic work up	Mohamed Omar, Egypt
14:50 - 15:00	Q/A & Discussion	
15:00 - 15:20	Types of stones; Simplified algorithm of workup and medical treatment of stones that can be used easily in clinical practice	Mohamed El-Shazly, Egypt
15:20 - 15:30	Q/A & Discussion	
15:30 - 15:50	Evidence from literature about stone prophylaxes. Consensus and guidelines of stone prevention and follow up. (Autonomous stone clinic)	Esam Desoky, Egypt
15:50 - 16:00	Q/A & Discussion	

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