

4th Saudi Urolithiasis Days

4 - 7 NOVEMBER 2026 | JEDDAH, SAUDI ARABIA

HANDS-ON
WORKSHOP

URINARY CATHETERIZATION - EVIDENCE-BASED PRACTICE FROM INDICATION TO HANDS-ON SKILLS



THURSDAY,
5TH NOV 2026



08:45 HRS
11:15 HRS
(GMT +4)



King Abdullah International Convention Centre,
Jeddah, KSA | GCC Room



TARGET AUDIENCE

Physicians, nurses, urology residents, and healthcare professionals involved in urinary catheterization.

LEARNING OBJECTIVES

At the end of this session, attendees should be able to:



To enhance safe, evidence-based urinary catheterization practice through clinical decision-making and hands-on training.

WORKSHOP DIRECTOR



Anas Musa
UAE



Hawa Alabdulaziz
KSA

AGENDA

Moderators: Anas Musa, UAE | Hawa Alabdulaziz, KSA

Part 1 — Theoretical Sessions

8:45 - 8:45

When Should We Insert an Indwelling Urinary Catheter?

8:45 - 8:45

Choosing the Right Catheter: From Short-Term to Long-Term Catheterisation

8:45 - 8:45

Preparing for Safe Catheterization: Patient, Equipment & Aseptic Technique

8:45 - 9:45

Difficult Catheterization: Troubleshooting, Complications & Escalation

9:45 - 10:00

After Insertion: Securement, Maintenance, Review & Removal

10:00 - 10:15

Interactive Case-Based Discussion

Part 2 — Hands-On Session

10:15 - 10:45

Station 1: Catheter Selection & Safe Catheterization

10:45 - 11:15

Station 2: Difficult Catheterization, Securement & Post-Insertion Management

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