23rd AAU CONGRESS
December 2026
Saudi Arabia

مؤتمر الرابطة العربية لجراحي المسالك البولية والتناسلية
Arab Association of Urology Congress

In Conjunction with

4th Saudi Urolithiasis Days

3 - 5 DECEMBER 2026 | JEDDAH, SAUDI ARABIA

الجمعية السعودية لجراحة المسالك البولية
SAUDI UROLOGICAL ASSOCIATION

ABSTRACT PROGRAMME

Poster Abstract Programme

3–5 December 2026

Jeddah, Saudi Arabia

SESSIONS AT A GLANCE

All sessions take place in the Poster Panel Area

THURSDAY
3 December

SESSION 01
Thu, 3 Dec 2026
09:45 – 10:05
Panels 1 & 2

SESSION 02
Thu, 3 Dec 2026
15:20 – 15:40
Panels 1 & 2

FRIDAY
4 December

SESSION 03
Fri, 4 Dec 2026
10:45 – 11:05
Panels 1 & 2

SESSION 04
Fri, 4 Dec 2026
16:20 – 16:40
Panels 1 & 2

SATURDAY
5 December

SESSION 05
Sat, 5 Dec 2026
10:50 – 11:10
Panel 1

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ARAB SCHOOL OF UROLOGY

SESSION 01

Poster Abstract Session 1

Thursday, 3 December 2026 | 09:45 – 10:05 | Panels 1 & 2 | Poster Panel Area

TIME	PANEL 1	PANEL 2
09:45 to 09:47	Robotic Approach for Very Large Upper Tract Masses ≥10cm (Renal and Adrenal): Tips and Outcome **Abdulrahman AlMuhrij** · Saudi Arabia	Beyond Visualisation: Diagnostic Ureteroscopy accuracy in UTUC and Its Clinical Impact **Hany Hussein** · United Kingdom VIRTUAL
09:47 to 09:49	Early functional recovery after Aquablation for BPH: four-week overview of symptom relief and activity resumption **Hashem Darwazeh** · Jordan	Tubeless ureteroscopy **Ahmed Aboelatta** · United Kingdom
09:49 to 09:51	Bladder Cancer's Rare Variant: Primary Mucinous Adenocarcinoma of the Urinary Bladder. A Case Report with Literature Perspective **Sajid Ayaz** · Pakistan	Calciphylaxis case report srudy **Ahmed Aboelatta** · United Kingdom
09:51 to 09:53	Efficacy of silodosin as a medical expulsive therapy for lower ureteral stones in the pediatric population: A comparative retrospective observational study. **Sajid Ayaz** · Pakistan	Etiology of obstructive pyelonephritis in children **Tatiana Derevyanko** · Russian Federation
09:53 to 09:55	Supine Percutaneous Nephrolithotomy: Our Experience **Khondaker Arafuzzaman** · Bangladesh	A Clinical Audit of Outpatient Trans-Urethral Laser Ablation (tula) for Bladder Cancer – The Wwl Experience (2020–2024) **Ahmed Abdelhafez** · United Kingdom VIRTUAL
09:55 to 09:57	Laparoscopic Adrenalectomy in the Modern Era: Safety and Oncologic Outcomes **Md Nasir Uddin** · Bangladesh	Outpatient Vasectomy Under Local Anaesthesia: A Clinical Audit of Procedural Success, Safety and Service Efficacy. **Ahmed Abdelhafez** · United Kingdom VIRTUAL
09:57 to 09:59	Zinner Syndrome Mimicking Bladder Tumor **Sami Atiq** · United Kingdom VIRTUAL	The Use of Botulinum Toxin in the Treatment of Piriformis Muscle Syndrome: A Pilot Study **Samah Daou** · Lebanon
09:59 to 10:01	Biopsy-Proven Prostatic Metastasis From Diffuse type Gastric Adenocarcinoma Presenting with Bilateral Malignant Ureteric Obstruction **Sami Atiq** · United Kingdom VIRTUAL	Tadalafil for Pudendal Nerve Entrapment Symptoms in Men with Erectile Dysfunction: A Prospective Exploratory Study **Samah Daou** · Lebanon
10:01 to 10:03	Optimising CT KUB Utilisation and Predicting Emergency Intervention in Ureteric Colic: A Retrospective Study of 625 Scans **Sami Atiq** · United Kingdom VIRTUAL	Quadfecta Outcomes of Mini-Percutaneous Nephrolithotomy in a Saudi Tertiary Center: A Multidimensional Evaluation **Riyadh Alloqmani** · Saudi Arabia
10:03 to 10:05	Efficacy and Safety of Adjuvant External Physical Vibration Lithecbole (EPVL) for Urolithiasis Extraction: A Systematic Review and Meta-Analysis. **Jawad W. Alsuliman** · Saudi Arabia	Late Presentation of Ureterocele in an Adult Male with Duplex Collecting System. Rare Case Report. **Salim Alkalbani** · Oman

SESSION 02

Poster Abstract Session 2

Thursday, 3 December 2026 | 15:20 – 15:40 | Panels 1 & 2 | Poster Panel Area

TIME	PANEL 1	PANEL 2
15:20 to 15:22	Open radical retropubic prostatectomy outcomes in Oman :A Single-Centre Retrospective Case Series of 19 Patients **Salim Alkalbani** · Oman	Female urethral leiomyoma as a cause of bladder outlet obstruction: case series **Mai Banakhar** · Saudi Arabia
15:22 to 15:24	Prognostic factors in Muscle-invasive bladder cancer **Dmitrii Zhuravskii** · Russian Federation VIRTUAL	Impact of Previous Laparoscopic Experience on Early Robotic Surgical Skill Acquisition through a training model **Slimane Kerroumi** · Algeria
15:24 to 15:26	Clinical Outcomes and Predictors of Success After Rezūm Therapy for BPH **Mohamed Al-Marhoon** · Oman	Single Incision pubic Microsurgical bilateral Varicocelectomy; A Novel Technique **Hassan Gad** · Egypt
15:26 to 15:28	Outcomes of Transrectal Ultrasound-Guided Prostate Biopsy: A Single-Center Experience from Oman **Shahid Aquil** · Oman	Training Gaps in Erectile Dysfunction Medication Counseling:Cross-Sectional Assessment of Pharmacist Knowledge, Attitudes,Practices in Saudi Arabia **Abdullah Alzahrani** · Saudi Arabia
15:28 to 15:30	From Imaging to Pathology: The Role of PIRADS in Predicting Aggressive Prostate Cancer **Prasenjit Bhowmik** · United Kingdom	Patient Knowledge, Attitudes, and Experiences with Erectile Dysfunction Medications in Saudi Community Pharmacies: Cross-Sectional Study **Abdullah Alzahrani** · Saudi Arabia
15:30 to 15:32	Beyond Triple-D: Improved Prediction of SWL Outcomes with the Quadruple-D Score **Prasenjit Bhowmik** · United Kingdom	Perceptions, Acceptance,and Barriers to Intravaginal Estrogen Therapy in Lebanese Women with Genitourinary Syndrome of Menopause **Ibrahim Ballout** · Lebanon
15:32 to 15:34	Outcomes of Aquablation for Benign Prostatic Hyperplasia: A Single-Centre Retrospective Audit **Ayah Atiyah** · United Kingdom	Salvage management of inferior calyceal stones using retrograde intrarenal surgery after failed extra ESWL **Ghulam Nabi** · Saudi Arabia
15:34 to 15:36	Reducing the Burden of Negative Ureteroscopy with Preoperative Predictors and Imaging **Ayah Atiyah** · United Kingdom	Amelia Syndrome Patient with Bilateral Impalpable Undescended Testes, a Case Report. **Ahmed Al Zahrani** · Saudi Arabia
15:36 to 15:38	Evaluating CVAC 2.0: Initial Single-Center Experience with CT-Based Volumetric Stone Quantification **Mohannad Awad** · Saudi Arabia	Prior JJ Stenting and Its Impact on RIRS Outcomes: A Comparative Study **Danish Gul** · Pakistan
15:38 to 15:40	Robotic pediatric Supratrigonal cystectomy combined with augmentation cystoplasty **Mai Banakhar** · Saudi Arabia	Ascaris lumbricoides in Augmented Urinary Bladder: A Case Report and Review of the Literature **Danish Gul** · Pakistan

SESSION 03

Poster Abstract Session 3

Friday, 4 December 2026 | 10:45 – 11:05 | Panels 1 & 2 | Poster Panel Area

TIME	PANEL 1	PANEL 2
10:45 to 10:47	A Single-Center Study on the Outcomes of Transrectal Ultrasound-Guided Prostate Biopsy: Efficacy and Complications **Abdullah Al Fulaiti** · Oman	Outcome of RIRS Using Flexible and Navigable Suction vs Traditional Ureteral Access Sheath: Single-Center Experience **Danish Gul** · Pakistan
10:47 to 10:49	Low-Intensity Extracorporeal Shock Wave Treatment for Erectile Dysfunction Post Radical Prostatectomy: An Updated Meta-Analysis **Faez Alshehri** · Saudi Arabia	Spontaneous Renal Hemorrhage (Wunderlich Syndrome) Managed with Selective Renal Artery Embolization: A Case Report **Yashwanth Kathiresan** · United Kingdom
10:49 to 10:51	Comparison of hand assisted laproscopic surgery (HALS) for donor and radical nephrectomy-A single center study. **Durre Shohab** · Pakistan	Bipolar TURP Following UroLift Failure: Technical Considerations for Implant Retrieval **Abdulhameed Bokhari** · Saudi Arabia
10:51 to 10:53	Life Threatening, Cytokine Release Storm (CRS) with AntiThymocyte Globulin. **Durre Shohab** · Pakistan	Urology in Extreme Environments: A Narrative Review of Literature, Experimental Models, and Emerging Technologies **Muhammad Ishfaq** · United Kingdom
10:53 to 10:55	Distal Ureteric Nephrogenic Metaplasia Mimicking Upper Tract Urothelial Carcinoma: A Case Report **Ali AlQadhi** · Saudi Arabia	Genitourinary Health in Athletes: A Decade of Evidence from Sports Urology **Muhammad Ishfaq** · United Kingdom
10:55 to 10:57	Neuroendocrine Small Cell Carcinoma of the Urinary Bladder: Case Report and Literature Review **Waqar Ahmad** · Oman	Right Varicocele Due to a Meso-systemic Venous Shunt in a Liver Transplant Recipient: Case Report **Abdullah AlQuhaibi** · Saudi Arabia
10:57 to 10:59	Effect of mirabegron, tamsulosin, and tadalafil on quality of life in patients with ureteral stents **Ahmed Elsherief** · Egypt	Oral Mucosa for Anterior Urethral Stricture: Reliable Substitute with Excellent Outcome **Mohammed Mahdi Babakri** · Yemen
10:59 to 11:01	Immunohistochemical expression of CXCL5 as a valuable prognostic marker in urinary bladder urothelial carcinoma **Ahmed Elsherief** · Egypt	Conventional, Mini, and Micro Percutaneous Nephrolithotomy: A Systematic Review of Indications, Outcomes, and Complications **Jehan Zeb** · United Kingdom
11:01 to 11:03	Augmented anastomotic ureteral reconstruction using buccal mucosal graft, initial experience **Ahmed Elsherief** · Egypt	Thulium Fiber Laser Versus Holmium:YAG Laser for Urolithiasis – A Systematic Review and Meta-Analysis **Jehan Zeb** · United Kingdom
11:03 to 11:05	Evaluation of sulbutiamine and imipramine in the primary nocturnal enuresis treatment: A randomized controlled trial **Ahmed Elsherief** · Egypt	AI-Assisted Multiparametric MRI for Detection of Clinically Significant Prostate Cancer **Jehan Zeb** · United Kingdom

SESSION 04

Poster Abstract Session 4

Friday, 4 December 2026 | 16:20 – 16:40 | Panels 1 & 2 | Poster Panel Area

TIME	PANEL 1	PANEL 2
16:20 to 16:22	Shockwave Lithotripsy for Distal Ureteric Stones: A Systematic Review and Meta-Analysis of Stone-Free Rates **Jehan Zeb** · United Kingdom	Correlating Non-Contrast CT Linear Calculus Density with Urinary Thermodynamic Supersaturation in Kidney Stone Formers **Abdulghafour Halawani** · Saudi Arabia
16:22 to 16:24	Non-Pharmacological Distraction Techniques During Extracorporeal Shock Wave Lithotripsy: A Systematic Review and Clinical Perspective **Jehan Zeb** · United Kingdom	Percutaneous Nephrolithotomy at the Extremes of Age: A Six-Year Assessment of Safety and Outcomes **Daniah Alsaadi** · Ireland VIRTUAL
16:24 to 16:26	Diagnostic Delays and Their Determinants Among Bladder Cancer Patients in West Bank. Cross sectional study **Mahmoud Allan** · Palestine	Parent-reported psychological support needs in children with hypospadias **Daniah Alsaadi** · Ireland VIRTUAL
16:26 to 16:28	Spontaneous Retroperitoneal Hemorrhage Causing Page Kidney as Initial Presentation of Clear Cell Renal Cell Carcinoma **Tariq Abdul Hamid** · United Arab Emirates	Outcomes from a High-Volume Benign Robotic Urology Programme at a Tertiary London Centre **Ahmad Almushatat** · United Kingdom
16:28 to 16:30	National Mortality Trends in Patients With Cerebrovascular Disease and Urinary Tract Infection, United States, 1999–2025 **Rayan Alsaud** · Saudi Arabia	Intrascrotal extratesticular schwannoma in 10-year-old boy: A case report of an extremely rare benign tumor **Alhareth Baarimah** · Saudi Arabia
16:30 to 16:32	Outcomes and Complications of Retroperitoneal Open Approach in Radical Nephrectomy in the Palestinian practice **Adel Abu Al Rub** · Palestine	Comparison of peri-operative outcomes and operative parameters in robotic and open radical cystectomy **Zachery Ahmed** · United Kingdom
16:32 to 16:34	Lebanon's first experience with Toumai robotic surgey: 6 cases from a Lebanese Tertiary Medical Center **Wissam Ousman** · Lebanon	Using EPIC Electronic Medical Record to Implement Enhanced Recovery for Patients Undergoing Radical Cystectomy **Zachery Ahmed** · United Kingdom
16:34 to 16:36	Ultrasound-Guided Versus Fluoroscopy-Guided Shock Wave Lithotripsy for Renal Calculi in Children: Systematic Review and Meta-Analysis. **Ibrahim Almohaimeed** · Saudi Arabia	Association of IL-1β Gene Polymorphism with Prostate Cancer Severity, Prostate Volume, and PSA Levels **Ahmed Hussein** · Iraq
16:36 to 16:38	Normal Serum Uric Acid Masks High Dietary Stone Risk in Saudi Patients **Abdulghafour Halawani** · Saudi Arabia	Prostatic Tuberculosis Mimicking Clinically Significant Prostate Cancer: MRI and Histological Correlation **Momin Masued** · United Kingdom VIRTUAL
16:38 to 16:40	Dietary Animal Protein and Sodium Drive Urinary Supersaturation in a Saudi Nephrolithiasis Cohort **Abdulghafour Halawani** · Saudi Arabia	Supine Percutaneous Nephrolithotomy under Spinal Anesthesia: An initial experience. **Muhammad Abdul Rauf** · Pakistan

SESSION 05

Poster Abstract Session 5

Saturday, 5 December 2026 | 10:50 – 11:10 | Panel 1 | Poster Panel Area

TIME	PRESENTATION	PRESENTER
10:50 to 10:52	Managing a Ureterocele - An interesting case report.	Khalid Alaghbar, United Kingdom
10:52 to 10:54	SPC insertion leading to Emergency Laparotomy - An interesting case report.	Khalid Alaghbar, United Kingdom
10:54 to 10:56	Is flexible cystoscopy safe and adequate after induction Bcg treatment of Nmibc? Retrospective comparative study	Ayman Girgis, United Kingdom
10:56 to 10:58	Comparison of Semi-Rigid and Flexible Ureteroscopy in Management of Proximal Ureteral Stone: Randomized Controlled Trial	Ibrahim Alnadhari, Qatar
10:58 to 11:00	Correlation Between Multiparametric MRI Findings and TRUS-Guided Prostate Biopsy Outcomes	Ibrahim Alnadhari, Qatar
11:00 to 11:02	Outcomes of Autologous Rectus Fascial Sling for Stress Urinary Incontinence: A Single-Centre Experience	Ahmed Fathy Hussein, United Kingdom
11:02 to 11:04	PRISM–U: Prescriber Responsibility for Ingredient Sensitivity and Medication Ethics in Urology.	Ahmed Fathy Hussein, United Kingdom
11:04 to 11:06	An Intelligent Prostate Cancer Pathway: A Narrative Review Bridging Research and Practice in NHS, UK	Ayman Mohammed Nour, United Kingdom, VIRTUAL