23rd AAU CONGRESS
December 2026
Saudi Arabia
مؤتمر الرابطة العربية لجراحي المسالك البولية والتناسلية
Arab Association of Urology Congress

In Conjunction with

4th Saudi Urolithiasis Days

3 - 5 DECEMBER 2026 | JEDDAH, SAUDI ARABIA

الجمعية السعودية لجراحة المسالك البولية
SAUDI UROLOGICAL ASSOCIATION

HANDS-ON WORKSHOP

ADVANCED REZUM HANDS-ON WORKSHOP



FRIDAY, 4TH DEC 2026

08:30 HRS
10:30 HRS
(GMT +4)

King Abdullah International Convention Centre, Jeddah, KSA | Room 3

COURSE OVERVIEW:

Water vapor thermal therapy (Rezum) is a safe, minimally invasive treatment for benign prostatic hyperplasia (BPH) in patients who have failed medical therapy or wish to avoid long-term medication or more invasive procedures such as TURP or HoLEP. With minimal impact on sexual and ejaculatory function, Rezum is increasingly favored by patients. This advanced hands-on course builds on the successful "Rezum for Beginners" (AAU 2025, Muscat) and focuses on patient selection, expectation management, intraoperative challenges, and postoperative complications. It is designed for urologists seeking to refine technique and optimize patient outcomes.

LEARNING OBJECTIVES

At the end of this session, attendees should be able to:

- Understand patient selection & procedural technique
- Hands-on practice with proper injection placement
- Common intraoperative pitfalls & troubleshooting
- Managing post-operative complications

WORKSHOP DIRECTOR



Mohamed Al-Marhoon
Oman

FACULTY



Amr Emara
UK

AGENDA

Moderator: Mohamed Al-Marhoon, Oman	
Welcome and Overview	Mohamed Al-Marhoon, Oman
Rezum Updated Protocol	Mohamed Al-Marhoon, Oman
Rezum Intraoperative Technical Challenges	Mohamed Al-Marhoon, Oman
Rezum Complications Management	Amr Emara, UK
Practical Experience in Rezum	Amr Emara, UK
Q&A	All Faculty
Hands on practice (2 groups) Hands-On Simulator Training 1: Device Handling & Setup 2: Hands-On Injection Technique 3: Troubleshooting & Optimization	All Faculty

REGISTER NOW

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4th The SUD Saudi Urolithiasis Days

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